

The Spring Run Trail



Between downtown Saratoga and Exit 15 of the Adirondack Northway lies the Spring Run Trail, a 1-mile, off-road trail that follows an old Victorian-era railroad bed. This paved and handicapped accessible path is open year round for walkers, runners, bicyclists, and birders, and it offers spectacular views of woods, wetlands, and the Spring Run waterway.

Take an Easy Nature Walk Along Spring Run paved nature trail – 2 miles out and back



Photo Credit: Saratoga PLAN, a non-profit land trust

The Spring Run Trail is located in and owned by the City of Saratoga Springs, NY. It begins at the intersection of East and Excelsior Avenues and travels east for 1 mile to an area of wetlands. This trail is straight and flat, and during the winter, the city plows and sands it for visitors.